

| REGION 4 RHYTHMIC PROGRAM CALENDAR 2024-25 | | | |
|---|--------------------------|-----------------------------------|--------------------------|
| DATE | LEVEL | TITLE | SITE/CLUB |
| November 24 | All | Allset? OK - Go | OK Rhythmic Empire |
| November 30 - Dec 1 | ALL | Joy Cup | Boston Rhythmic MA |
| December 6 - 8 | ALL | Leap into the Season Invitational | North East Rhythmic |
| January 11 - 12 | Level 3-8, Xcel | Dynamics Cup | Dynamics Rhythmic |
| January 17- 20 | ALL | Winter Cup | Tyngsborough, MA |
| January 25 - 26 | Level 4-5, Xcel | Big Apple (level 4-5) | Isadora |
| February 7- 9 | Level 6-8, FIG | Big Apple (level 6-FIG) | Isadora |
| February 15 - 16 | Level 3-8, Xcel | Joy Cup | Boston Rhythmic MA |
| February 15- 16 | Level 3-8, xcel | North East Cup | North East Rhythmic |
| FEBRUARY 15 - 16 | Level 4-8 & GRPS | NY STATE MEET | TBA |
| February 21-22 | FIG JR & SR | Challenge & Invitational | Lake Placid, NY |
| February 21 - 23 | ALL | WHGF Invitational | New York, NY |
| MARCH 8 - 9 | ALL | NJ/CT STATE MEET | Drew Univ. NJ |
| March 22 - 23 | Level 3-6, Xcel | Rhythmic Life Invitational | Rhythmic Life |
| MARCH 28 - 30 | ALL | MA STATE MEET | TBA |
| March 28 - 30 | ALL | Brookline Classic | Brooklyn, NY |
| April 5 - 6 | Level 3-5, Xcel | BFR Invitational | Beyond Frontier Rhythmic |
| APRIL 5 - 6 | Level 3-5 & BEG GRP | REGIONAL | TBA |
| April 12-13 | SR FIG | Senior Classic | TBA |
| April 25-27 | Hope/JR FIG | Junior Classic | TBA |
| MAY 3 - 4 | Level 6-8 & INT./ADV GRP | REGIONAL | TBA |
| May 16-18 | FIG JR & SR | Elite Qualifier | Naperville, IL |
| May 23-25 | Level 4-5 & Xcel | Level 4-5 & Xcel Classic | TBA |
| May 31- June 1 | Level 6-8 | DVP Classic | TBA |
| June 6-8 | Level 6-8 | DVP Team Championships | West Palm Beach, FL |
| June 16 - 21 | FIG JR & SR | USA GYM Champs | Providence, RI |
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