



AGES

6 and up

REQUIREMENTS

Rhythmic Gymnastics experience is necessary

HOURS

Full Day
9:00 am - 4:00 pm

JUNE 26TH - SEPTEMBER 1ST

Minimum registration 6 weeks

- WEEK 1 6.26 - 6.30 WEEK 6 7.31 - 8.04
- WEEK 2 7.03 - 7.07 WEEK 7 8.07 - 8.11
- WEEK 3 7.10 - 7.14 WEEK 8 8.14 - 8.18
- WEEK 4 7.17 - 7.21 WEEK 9 8.21 - 8.25
- WEEK 5 7.24 - 7.28 WEEK 10 8.28 - 9.01

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - 9:15 am	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL
9:15 am - 9:30 am	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP
9:30 am - 11:30 am	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE
11:30 am - 12:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:00 pm - 2:00 pm	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE
2:00 pm - 2:30 pm	SNACK	SNACK	SNACK	SNACK	SNACK
2:30 pm - 3:45 pm	FREE TIME/ OUTSIDE GAMES	TENNIS	3RD PRACTICE	FREE TIME/ OUTSIDE GAMES	TENNIS
3:45 pm - 4:00 pm	DISSMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL

*MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field*

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